

Having a tough time with attendance issues?

Here are some suggestions for parents from Attendance Works.

- Keep an attendance chart at home. At the end of the week, reward your child for attending school every day. Rewards could include a visit to the park, extra video game time or a special treat.
- Make sure your child is in bed by a certain time each night and the alarm clock is set.
- Don't let children stay home unless they are truly sick. Keep in mind complaints of a stomachache or headache can be a sign of anxiety and not a reason to stay home.
- If your child seems anxious about going to school, talk to teachers, school social workers, or other parents for advice on how to make him/her feel comfortable and excited about learning.
- If your child has a cold but no fever (less than 100 degrees), send him/ her to school anyway.
- Identify a relative, friend or neighbor who can take your child to school if you can't.
- Avoid medical appointments and extended trips when school is in session.

Together, we can reduce chronic absenteeism in Cohoes.

www.cohoes.org/EveryMinuteMatters

