

# Welcome to our Breakfast Cafe @

Cohoes City Abram Lansing

December 2017

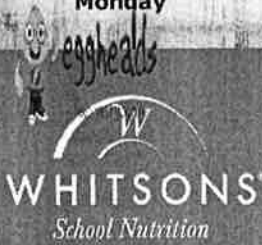
Monday

Tuesday

Wednesday

Thursday

Friday



**FUEL YOUR DAY  
THE RIGHT WAY.  
EAT A HEALTHY  
BREAKFAST!**



1 Strawberry Banana Yogurt Cup  
Scooby Doo Cinnamon Graham Crackers  
Apple Grape 100% Juice  
Applesauce

4 Red. Sugar Cocoa Puffs  
Red. Sugar Cinnamon Toast Crunch  
String Cheese  
100% Orange Juice Blend  
Diced Pears

5 Apple Cinnamon Muffin  
String Cheese  
100% Orange Juice Blend  
Pineapple Tidbits

6 WW Bagel  
Lite Cream Cheese  
Apple 100% Juice  
Diced Pears

7 Strawberry Nutri-Grain Bar  
String Cheese  
100% Orange Juice Blend  
Diced Peach Cup

8 Strawberry Banana Yogurt Cup  
Scooby Doo Cinnamon Graham Crackers  
100% Orange Juice Blend  
Applesauce

11 Red. Sugar Trix  
Red. Sugar Cocoa Puffs  
String Cheese  
100% Orange Juice Blend  
Applesauce

12 Apple Cinnamon Muffin  
String Cheese  
100% Orange Juice Blend  
Pineapple Tidbits

13 WW Bagel  
Lite Cream Cheese  
Apple 100% Juice  
Diced Pears

14 Strawberry Nutri-Grain Bar  
String Cheese  
Apple Grape 100% Juice  
Mixed Fruit

15 Strawberry Banana Yogurt Cup  
Scooby Doo Cinnamon Graham Crackers  
100% Orange Juice Blend  
Diced Peach Cup


18 Cheerios  
Red. Sugar Trix  
String Cheese  
Apple 100% Juice  
Diced Pears

19 Chocolate Chip Muffin  
String Cheese  
Apple Grape 100% Juice  
Diced Peach Cup

20 WW Bagel  
Lite Cream Cheese  
Apple 100% Juice  
Diced Pears

21 Strawberry Nutri-Grain Bar  
String Cheese  
Apple Grape 100% Juice  
Mixed Fruit

22 Strawberry Banana Yogurt Cup  
Scooby Doo Cinnamon Graham Crackers  
100% Orange Juice Blend  
Diced Peach Cup

25 Christmas Day  


26 Kwanzaa

27 Holiday Recess  
No School

28 Holiday Recess  
No School

29 Holiday Recess  
No School

## SIMPLY ROOTED™ in food and family

Our chicken products were raised without the use of non-therapeutic antibiotics. Plus, all of our chicken and pork products are hormone free. This is because we are Simply Rooted™ in food



and family and use ingredients that are locally sourced, all natural, and organic or non-GMO, whenever possible.



## Breakfast is Free to all Elementary Students

Early Dismissal is December 5th for all Cohoes Students.

## Available Daily

All meals served with choice of fat free white, 1% white or fat free chocolate milk.

If you have any questions or would like additional information regarding this menu please contact your food service director

Brian Nolan at  
237-9100 x 1411

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.