

Welcome to our Lunch Cafe @

Cohoes City Abram Lansing

December 2017

Monday

Tuesday

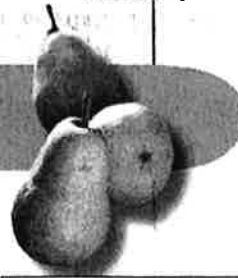
Wednesday

Thursday

Friday



We proudly support clean, organic local and sustainable agriculture.



VEGETARIAN
 MADE WITH ORGANIC INGREDIENTS
 MADE WITH ALL NATURAL INGREDIENTS
 PORK
 VEGAN

| | |
|---|--|
| 1 | Cheese Pizza Side Salad Broccoli Diced Peach Cup Diced Pears |
|---|--|

| | | | | | | | | | |
|----|---|----|--|----|--|----|--|----|--|
| 4 | Crispy Chicken Sandwich Broccoli Red Pepper Strips Fresh Red Delicious Apple Diced Peach Cup | 5 | Early Dismissal 11:30 | 6 | Beef Hot Dog on Bun Carrots Baked Beans Tator Tots Fresh Banana Mixed Fruit | 7 | Grilled Cheese Tomato Soup Cucumber Coins Celery Fresh Red Delicious Apple Mixed Fruit | 8 | Cheese Pizza Side Salad Broccoli Diced Peach Cup Diced Pears |
| 11 | Chicken Nuggets Whole Wheat Bread Broccoli Green Beans Fresh Red Delicious Apple Diced Peach Cup | 12 | Soft Taco Baked Beans Carrots Celery Fresh Orange Diced Pears | 13 | Cheeseburger Green Beans Red Pepper Strips Fresh Banana Applesauce | 14 | Roasted Turkey with Gravy Whole Wheat Dinner Roll Mashed Potatoes Buttered Corn Fresh Red Delicious Apple Mixed Fruit | 15 | Cheese Pizza Side Salad Broccoli Diced Peach Cup Diced Pears |
| 18 | Crispy Chicken Sandwich Broccoli Buttered Corn Fresh Red Delicious Apple Diced Peach Cup | 19 | Nachos Grande Green Beans Red Pepper Strips Fresh Orange Diced Pears | 20 | Chicken Nuggets Whole Wheat Bread Carrots Baked Beans Mashed Potatoes Fresh Banana Mixed Fruit | 21 | Mac & Cheese Cucumber Coins Celery Fresh Red Delicious Apple Mixed Fruit | 22 | Cheese Pizza Side Salad Broccoli Diced Peach Cup Diced Pears |
| 25 | Christmas Day No School Holiday Recess | 26 | Kwanzaa No School Holiday Recess | 27 | No School Holiday Recess | 28 | No School Holiday Recess | 29 | No School Holiday Recess |

SIMPLY ROOTED™
in food and family

Our chicken products were raised without the use of non-therapeutic antibiotics. Plus, all of our chicken and pork products are hormone free. This is because we are Simply Rooted™ in food



and family and use ingredients that are locally sourced, all natural, and organic or non-GMO, whenever possible.



1% White, Skim and Fat Free Chocolate Milk offered with every meal

Sticker Day is Thursday December 7th.

Lunch is free to all Cohoes Elementary Students. Assorted Deli Sandwiches, Chef Salads and Yogurt Parfaits with Granola and Fruit served daily. Romaine Salad served as a daily vegetable option. If you have any questions, please contact Brian Nolan, Food Service Director at 237-9100 x 1411

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.