

# Welcome to our Breakfast Cafe @

Cohoes City Van Schaick Elem

December 2017

Monday

Tuesday

Wednesday

Thursday

Friday



**FUEL YOUR DAY  
THE RIGHT WAY.  
EAT A HEALTHY  
BREAKFAST!**



1	Strawberry Banana Yogurt Cup Scooby Doo Cinnamon Graham Crackers Apple Grape 100% Juice Applesauce
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4	Red. Sugar Cocoa Puffs Red. Sugar Cinnamon Toast Crunch String Cheese 100% Orange Juice Blend Diced Pears
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5	Apple Cinnamon Muffin String Cheese 100% Orange Juice Blend Pineapple Tidbits
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6	WW Bagel Lite Cream Cheese Apple 100% Juice Diced Pears
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7	Strawberry Nutri-Grain Bar String Cheese 100% Orange Juice Blend Diced Peach Cup
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8	Strawberry Banana Yogurt Cup Scooby Doo Cinnamon Graham Crackers 100% Orange Juice Blend Applesauce
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11	Red. Sugar Trix Red. Sugar Cocoa Puffs String Cheese 100% Orange Juice Blend Applesauce
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12	Apple Cinnamon Muffin String Cheese 100% Orange Juice Blend Pineapple Tidbits
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13	WW Bagel Lite Cream Cheese Apple 100% Juice Diced Pears
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14	Strawberry Nutri-Grain Bar String Cheese Apple Grape 100% Juice Mixed Fruit
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15	Strawberry Banana Yogurt Cup Scooby Doo Cinnamon Graham Crackers 100% Orange Juice Blend Diced Peach Cup
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18	Cheerios Red. Sugar Trix String Cheese Apple 100% Juice Diced Pears
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19	Chocolate Chip Muffin String Cheese Apple Grape 100% Juice Diced Peach Cup
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20	WW Bagel Lite Cream Cheese Apple 100% Juice Diced Pears
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21	Strawberry Nutri-Grain Bar String Cheese Apple Grape 100% Juice Mixed Fruit
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22	Strawberry Banana Yogurt Cup Scooby Doo Cinnamon Graham Crackers 100% Orange Juice Blend Diced Peach Cup
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25	Christmas Day 
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26	Kwanzaa
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27	Holiday Recess No School
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28	Holiday Recess No School
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29	Holiday Recess No School
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## SIMPLY ROOTED™ in food and family

Our chicken products were raised without the use of non-therapeutic antibiotics. Plus, all of our chicken and pork products are hormone free. This is because we are Simply Rooted™ in food



and family and use ingredients that are locally sourced, all natural, and organic or non-GMO, whenever possible.



### Breakfast is Free to all Elementary Students

Early Dismissal is December 5th for all Cohoes Students.

### Available Daily

All meals served with choice of fat free white 1% white or fat free chocolate milk.

If you have any questions or would like additional information regarding this menu please contact your food service director

Brian Nolan at  
237-9100 x 1411

\*Consuming raw or undercooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.