

Welcome to our Lunch Cafe @

Cohoes City Harmony Hill

February 2018

Monday

Tuesday

Wednesday

Thursday

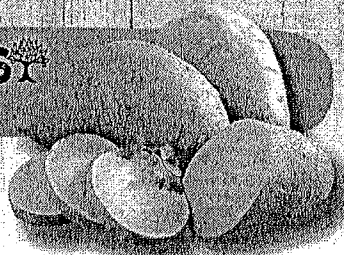
Friday

Happy New Year

2018

Have a Safe and Healthy New Year!

HARVEST
MONTH



We proudly support clean, organic, local and sustainable agriculture.

<p>5 Crispy Chicken Sandwich Broccoli Buttered Corn Fresh Red Delicious Apple Diced Peach Cup</p>	<p>6 Nachos Grande Carrots Celery Fresh Orange Diced Pears</p>	<p>7 Beef Hot Dog on Bun Baked Beans Red Pepper Strips Tator Tots Fresh Banana Mixed Fruit</p>	<p>1 Grilled Cheese Tomato Soup Cucumber Coins Buttered Corn Fresh Red Delicious Apple Mixed Fruit</p>	<p>2 Cheese Pizza Side Salad Broccoli Diced Peach Cup Diced Pears</p>
<p>12 Chicken Nuggets Whole Wheat Bread Broccoli Buttered Corn Fresh Red Delicious Apple Diced Peach Cup</p>	<p>13 Soft Taco Baked Beans Carrots Celery Fresh Orange Diced Pears</p>	<p>14 Cheeseburger Green Beans Red Pepper Strips Fresh Banana Applesauce</p>	<p>15 Popcorn Chicken Mashed Potatoes Buttered Corn Fresh Red Delicious Apple Mixed Fruit</p>	<p>9 Cheese Pizza Side Salad Broccoli Diced Peach Cup Diced Pears</p>
<p>19 Presidents Day No School</p>	<p>20 Winter Break</p>	<p>21 Winter Break</p>	<p>22 Winter Break</p>	<p>23 Winter Break</p>
<p>26 Crispy Chicken Sandwich Broccoli Buttered Corn Fresh Red Delicious Apple Diced Peach Cup</p>	<p>27 Nachos Grande Baked Beans Carrots Celery Fresh Orange Diced Pears</p>	<p>28 Cheeseburger Tator Tots Red Pepper Strips Fresh Banana Applesauce</p>		

SIMPLY ROOTED™
in food and family

At Whitsons we believe that MSG, partially hydrogenated oils, artificial colors, flavors or preservatives and high fructose corn syrup do not need to be in the foods we eat. We are Simply



Rooted™ in food and family and we care. Our ingredients are locally sourced, all natural, and organic or non-GMO, whenever possible.



1% White, Skim and Fat Free Chocolate Milk offered with every meal

Sticker Day is Thursday, February 8th

Lunch is free to all Cohoes Elementary Students. Assorted Deli Sandwiches, Chef Salads and Yogurt Parfaits with Granola and Fruit served daily. Romaine Salad served as a daily vegetable option. If you have any questions, please contact Brian Nolan, Food Service Director at 237-9100 x 1411

VEGETARIAN MADE WITH ALL NATURAL INGREDIENTS PORK VEGAN MADE WITH ORGANIC INGREDIENTS

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.