



Cohoes Elementary Lunch Menu

June 2017

29 June is National Safety Month

side items

30 June 5th is World Environment Day

side items

31 June 8th is World Ocean Day

side items

1 Grilled Cheese w/ Tomato Soup
Turkey Ham Chef Salad
Bologna and Cheese Sandwich

side items
Baked Vegetarian Beans, Celery Sticks, Fresh Cucumbers
Applesauce, Fruit Cocktail

2 Cheese Pizza
Chicken Dice Salad
Egg Salad Sandwich

side items
Romaine Salad, Celery Sticks, Chilled Peaches, Diced Pears

5 Chicken Patty on Whole Grain Bun
Turkey Chef Salad
Turkey and Cheese Sandwich

side items
Steamed Broccoli, Seasoned Carrots, Fresh Apple, Fruit Cocktail

6 Beef Taco on Whole Grain Tortilla Shell
Ham Chef Salad
Ham and Cheese Sandwich

side items
Vegetarian Beans, Green Beans, Red Pepper Strips, Fresh Oranges, Diced Peaches

7 Cheeseburger on Whole Grain Roll
Egg Chef Salad
Tuna Salad Sandwich

side items
Tater Tots, Sliced Carrots
Diced Pears, Fresh Banana

8 Meatball Sub on Whole Grain Roll
Turkey Ham Chef Salad
Bologna and Cheese Sandwich

side items
Celery Sticks, Fresh Cucumbers
Applesauce, Fruit Cocktail

9 Cheese Pizza
Chicken Dice Salad
Egg Salad Sandwich

side items
Romaine Salad, Baby Carrots
Chilled Peaches, Diced Pears

12 Chicken Nuggets w/ Choice of Whole Grain Bread
Turkey Chef Salad
Turkey and Cheese Sandwich

side items
Steamed Broccoli, Sweet Corn
Fresh Apple, Fruit Cocktail

13 Beef Nachos
Ham Chef Salad
Ham and Cheese Sandwich

side items
Green Beans, Red Pepper Strips
Fresh Orange, Diced Peaches

14 Brunch for Lunch (French Toast Sticks)
Sausage Patty
Egg Chef Salad
Tuna Salad Sandwich

side items
Tater Tots, Sliced Carrots
Diced Pears, Fresh Melon

15 Hot Dog on Whole Grain Bun
Turkey Ham Chef Salad
Bologna and Cheese Sandwich

side items
Baked Vegetarian Beans, Celery Sticks, Fresh Cucumbers
Applesauce, Fruit Cocktail

16 Cheese Pizza
Chicken Dice Salad
Egg Salad Sandwich

side items
Romaine Salad, Baby Carrots
Chilled Peaches, Fresh Grapes

19 Chicken Patty on Whole Grain Bun
Turkey Chef Salad
Turkey and Cheese Sandwich

side items
Steamed Broccoli, Sweet Corn
Fresh Apple, Fruit Cocktail

20 Cheeseburger on Whole Grain Roll
Ham Chef Salad
Ham and Cheese Sandwich

side items
Vegetarian Beans, Green Beans, Red Pepper Strips
Fresh Orange, Diced Peaches

21 Popcorn Chicken w/ choice of Whole Grain Bread
Egg Chef Salad
Tuna Salad Sandwich

side items
Tater Tots, Sliced Carrots
Diced Pears, Fresh Banana

22 Cheese Pizza
Chicken Dice Salad
Egg Salad Sandwich

side items
Steamed Broccoli
Applesauce

23 Turkey and Cheese on Whole Grain Roll
Baby Carrots, 100% Juice
Low Fat Milk

side items

26 Have a Great Summer and Be Safe!

side items

27 See you next September!

side items

28 June 14th is Flag Day.

side items

29 June 18th is Fathers Day and International Picnic Day!

side items

30 June 21st is International Yoga Day.

side items



Questions? Please contact Brian Nolan
Food Service Director
237-9100 x 1411



Local ingredients are always used when in season

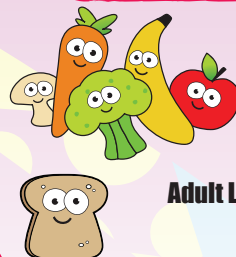


Ovo-Lacto Vegetarian, may contain Egg & Milk

Nutritional Messages may vary by school.

This institution is an equal opportunity provider.

Lunch is Free for all Students in K-5!



Eat Healthy - Fuel Up!

1% White, Skim or Fat Free Chocolate Milk
Available Daily!

Adult Lunch \$4.05

