



# Cohoes Middle School Menu

May 2017

**1**  
**Chicken Patty on Whole Grain Bun**  
 Pepperoni Pizza  
 Turkey Chef Salad  
 Turkey & Cheese Sandwich  
*side items*  
 Steamed Broccoli, Sweet Corn, Fresh Apple, Fruit Cocktail

**2**  
**Beef Nachos**  
 Buffalo Chicken Pizza  
 Ham Chef Salad  
 Ham and Cheese Sandwich  
*side items*  
 Green Beans, Red Pepper Strips, Fresh Orange, Diced Peaches

**3**  
**Popcorn Chicken w/ Choice of Dinner Roll**  
 Sausage Pizza  
 Egg Chef Salad  
 Tuna Salad Sandwich  
*side items*  
 Tater Tots, Sliced Carrots, Diced Pears, Fresh Banana

**4**  
**Bacon Cheeseburger**  
 Chicken Parm Pizza  
 Turkey Ham Chef Salad  
 Bologna and Cheese Sandwich  
*side items*  
 Baked Vegetarian Beans, Celery Sticks, Fresh Cucumbers, Applesauce, Fruit Cocktail

**5** **Cinco de Mayo**  
**2 Beef Tacos**  
 Pepperoni Pizza  
 Chicken Dice Salad  
 Egg Salad Sandwich  
  
 Santa Fe Rice, Romaine Salad, Steamed Broccoli, Chilled Peaches, Diced Pears

**8**  
**Chicken Nuggets w/ Choice of Dinner Roll**  
 Pepperoni Pizza  
 Turkey Chef Salad  
 Turkey Cheese Sandwich  
*side items*  
 Steamed Broccoli, Sweet Corn, Fresh Apple, Fruit Cocktail

**9**  
**Beef Nachos**  
 Buffalo Chicken Pizza  
 Ham Chef Salad  
 Ham and Cheese Sandwich  
*side items*  
 Green Beans, Red Pepper Strips, Fresh Orange, Diced Peaches

**10**  
**Chicken Waffle Sandwich**  
 BBQ Chicken Pizza  
 Egg Chef Salad  
 Tuna Salad Sandwich  
*side items*  
 Tater Tots, Sliced Carrots, Diced Pears, Fresh Banana

**11**  
**Grilled Cheese w/ Choice of Pasta Salad**  
 Chicken Parm Pizza  
 Ham & Turkey Chef Salad  
 Bologna and Cheese Sandwich  
*side items*  
 Baked Vegetarian Beans, Celery Sticks, Fresh Cucumbers, Applesauce, Fruit Cocktail

**12**  
**Chicken Tenders w/ Choice of Dinner Roll**  
 Pepperoni Pizza  
 Chicken Dice Salad  
 Egg Salad Sandwich  
*side items*  
 Romaine Salad, Steamed Broccoli, Chilled Peaches, Diced Pears

**15**  
**Chicken Patty on Whole Grain Bun**  
 Pepperoni Pizza  
 Turkey Chef Salad  
 Turkey & Cheese Sandwich  
*side items*  
 Steamed Broccoli, Sweet Corn, Fresh Apple, Fruit Cocktail

**16**  
**Beef Nachos**  
 Buffalo Chicken Pizza  
 Ham Chef Salad  
 Ham and Cheese Sandwich  
*side items*  
 Green Beans, Red Pepper Strips, Fresh Orange, Diced Peaches

**17**  
**Popcorn Chicken w/ Choice of Dinner Roll**  
 Sausage Pizza  
 Egg Chef Salad  
 Tuna Salad Sandwich  
*side items*  
 Tater Tots, Sliced Carrots, Diced Pears, Fresh Banana

**18**  
**Bacon Cheeseburger**  
 Chicken Parm Pizza  
 Turkey Ham Chef Salad  
 Bologna and Cheese Sandwich  
*side items*  
 Baked Vegetarian Beans, Celery Sticks, Fresh Cucumbers, Applesauce, Fruit Cocktail

**19**  
**Spicy Chicken on Whole Grain Roll**  
 Pepperoni Pizza  
 Chicken Dice Salad  
 Egg Salad Sandwich  
*side items*  
 Romaine Salad, Steamed Broccoli, Chilled Peaches, Diced Pears

**22**  
**Chicken Nuggets w/ Choice of Dinner Roll**  
 Pepperoni Pizza  
 Turkey Chef Salad  
 Turkey Cheese Sandwich  
*side items*  
 Steamed Broccoli, Sweet Corn, Fresh Apple, Fruit Cocktail

**23**  
**Beef Taco**  
 BBQ Chicken Pizza  
 Ham Chef Salad  
 Ham & Cheese Sandwich  
*side items*  
 Green Beans, Red Pepper Strips, Fresh Orange, Diced Peaches

**24**  
**Brunch for Lunch (French Toast Sticks and Sausage)**  
 BBQ Chicken Pizza  
 Egg Chef Salad  
*side items*  
 Tater Tots, Sliced Carrots, Diced Pears, Fresh Banana

**25**  
**Chicken Tenders w/ Choice of Dinner Roll**  
 Chicken Parm Pizza  
 Ham & Turkey Chef Salad  
 Bologna and Cheese Sandwich  
*side items*  
 Baked Vegetarian Beans, Celery Sticks, Fresh Cucumbers, Applesauce, Fruit Cocktail

**26**  
**Contingency Day**  
 No School  
  
*side items*

**29**  
**Memorial Day**  
 No School  
  
*side items*

**30**  
**Chicken Patty on Whole Grain Bun**  
 Pepperoni Pizza  
 Turkey Chef Salad  
 Turkey & Cheese Sandwich  
*side items*  
 Steamed Broccoli, Sweet Corn, Fresh Apple, Fruit Cocktail

**31**  
**Beef Nachos**  
 Buffalo Chicken Pizza  
 Ham Chef Salad  
 Ham and Cheese Sandwich  
*side items*  
 Green Beans, Red Pepper Strips, Fresh Orange, Diced Peaches

**1**  
**May 2nd is National Teacher Day**  
  
*side items*

**2**  
**May is National Bike Month**  
 May is National Mental Health Awareness Month  
  
*side items*

Full Paid Lunch is \$2.75 - Reduced is \$0.25

Students can take 1/2 cup of Fruit and 3/4 cup Vegetable with their meals.

Local ingredients are always used when in season

Ovo-Lacto Vegetarian, may contain Egg & Milk

Nutritional Messages may vary by school.



**Adult Lunch is \$4.05**

1% White, Skim or Fat Free Chocolate Milk is available daily.



This institution is an equal opportunity provider.

