

Cohoes Elementary Lunch Menu

May 2017

Chicken Nuggets w/ Choice of Whole **Grain Bread**

Turkey Chef Salad Turkey and Cheese Sandwich side items

Steamed Broccoli, Sweet Corn, Fresh Apple, Fruit Cocktail

Hot Dog on Whole **Grain Bun**

Ham Chef Salad Ham and Cheese Sandwich

Vegetarian Beans, Green Beans, Red Fresh Orange, Diced Peaches

Brunch for Lunch (French Toast Sticks)

Sausage Patty Egg Chef Salad Tuna Salad Sandwich

Tater Tots, Sliced Carrots, Diced Pears, Fresh Melon

Cheese Pizza

Chicken Dice Salad Egg Salad Sandwich

Romaine Salad, Celery Sticks, Chilled Peaches, Diced Pears Cinco de Mayo

Beef Nachos

Ham Chef Salad Ham and Cheese Sandwich

Santa Fe Rice, Baby Carrots, Fresh Grapes, Diced Peaches

Chicken Patty on Whole Grain Bun

Turkey Chef Salad Turkey and Cheese Sandwich

Steamed Broccoli, Seasoned Fresh Apple, Fruit Cocktail

Beef Taco on Whole Grain Tortilla Shell

Ham Chef Salad Ham and Cheese Sandwich

side items

Vegetarian Beans, Green Beans, Red Fresh Oranges, Diced Peaches 10

Cheeseburger on Whole Grain Roll

Egg Chef Salad Tuna Salad Sandwich

Tater Tots, Sliced Carrots Diced Pears, Fresh Banana

Meatball Sub on Whole Grain Roll

Turkey Ham Chef Salad Bologna and Cheese Sandwich

Celery Sticks, Fresh Cucumbers Applesauce, Fruit Cocktail

Cheese Pizza

Chicken Dice Salad Egg Salad Sandwich

Romaine Salad, Baby Carrots Chilled Peaches, Diced Pears

Chicken Nuggets w/ Choice of Whole **Grain Bread**

Turkey Chef Salad Turkey and Cheese Sandwich

side items Steamed Broccoli, Sweet Corn Fresh Apple, Fruit Cocktail

16

Beef Nachos

Ham Chef Salad Ham and Cheese Sandwich

Green Beans, Red Pepper Strips Fresh Orange, Diced Peaches

Brunch for Lunch (French Toast Sticks)

Sausage Patty Egg Chef Salad Tuna Salad Sandwich

Tater Tots, Sliced Carrots Diced Pears, Fresh Melon

Grilled Cheese w/ choice of Pasta Salad

Turkey Ham Chef Salad Bologna and Cheese Sandwich

Baked Vegetarian Beans, Celery Sticks, Fresh Cucumbers Applesauce, Fruit Cocktail

Cheese Pizza

Chicken Dice Salad Egg Salad Sandwich

Romaine Salad, Baby Carrots Chilled Peaches, Fresh Grapes

Chicken Patty on Whole Grain Bun

Turkey Chef Salad Turkey and Cheese Sandwich

Steamed Broccoli, Sweet Corn Fresh Apple, Fruit Cocktail

Cheeseburger on Whole Grain Roll

Ham Chef Salad Ham and Cheese Sandwich

Vegetarian Beans, Green Beans, Red Fresh Orange, Diced Peaches

Popcorn Chicken w/ choice of Whole **Grain Bread**

Egg Chef Salad Tuna Salad Sandwich

Tater Tots, Sliced Carrots Diced Pears, Fresh Banana

Cheese Pizza

Chicken Dice Salad Egg Salad Sandwich

Romaine Salad, Steamed Broccoli Chilled Peaches, Diced Pears

Contingency Day

No School

side items

Memorial Day

No School

side items

30

Beef Nachos

Ham Chef Salad Ham and Cheese Sandwich

side items

Green Beans, Red Pepper Strips Fresh Orange, Diced Peaches

Brunch for Lunch (French Toast Sticks)

Sausage Patty Egg Chef Salad Tuna Salad Sandwich

Tater Tots. Sliced Carrots Diced Pears, Fresh Banana

May is Physical **Fitness and Sports** Month

May 2nd is National Teacher Day

Mother's Day is May

side items



Questions? Please contact Brian Nolan Food Service Director 237-9100 x 1411



Local ingredients are always used when in season

This institution is an equal opportunity provider.



Ovo-Lacto Vegetarian. may contain Egg & Milk

Lunch is Free for all Students in K-5!

Eat Healthy - Fuel Up!

1% White, Skim or Fat Free Chocolate Milk Available Daily!



Adult Lunch \$4.05



Nutritional Messages may vary by school.

