



# Cohoes Secondary School June 2024 Lunch Menu

**3**  
Chicken Tenders  
Whole Grain  
Dinner Roll  
Steamed Broccoli  
Fresh Apple

**4**  
2 Chicken  
Tacos on Whole  
Grain Wrap with  
Lettuce, Cheese and  
Tomato Salsa  
Red Pepper Strips  
Vegetarian Beans  
Fresh Orange

**5**  
Chicken Popcorn  
Whole Grain  
Dinner Roll  
Mashed Potatoes  
Chicken Gravy  
Spinach Salad  
Steamed Corn  
Fresh Banana

**6**  
Beef Cheddar  
Taco Burger on  
Whole Grain Bun  
Pasta Salad  
Steamed Green  
Beans  
Fresh Cantaloupe  
Cup

**7**  
Chicken Club Melt  
(Pork Bacon,  
Lettuce and  
Tomato) on Whole  
Grain Roll  
Seasoned Sweet  
Potatoes  
Fresh Pear

**10**  
General Tso  
Chicken  
Whole Grain Rice  
Steamed Broccoli  
Fresh Apple

**11**  
Chicken Nachos w/  
Cheddar Cheese  
Sauce  
Steamed Corn  
Fresh Orange

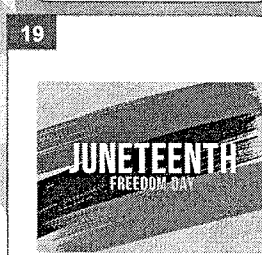
**12**  
Spicy Chicken  
Sandwich on  
Whole Grain Roll  
Tater Tots  
Vegetarian  
Beans  
Fresh Banana

**13**  
Diced Chipotle  
Chicken in a  
Whole Grain  
Tortilla  
Steamed Green  
Beans  
Fresh Grape Cup

**14**  
2 Fish Tacos on  
Whole Grain  
Wrap  
Butternut  
Squash  
Chilled  
Pineapple

**17**  
Buffalo Chicken  
Wrap on Whole  
Grain Tortilla  
Steamed Broccoli  
Fresh Apple

**18**  
2 Chicken  
Tacos on Whole  
Grain Wrap with  
Lettuce, Cheese and  
Tomato Salsa  
Red Pepper Strips  
Vegetarian Beans  
Fresh Orange



**20**  
Diced Asian  
Chicken in a Whole  
Grain Tortilla  
Steamed Green  
Beans  
Fresh Cantaloupe  
Cup

**21**  
Chicken Club  
Melt  
(Pork Bacon,  
Lettuce and  
Tomato) on  
Whole Grain Roll  
Seasoned Sweet  
Potatoes  
Fresh Pear

**24**  
Chicken Tenders  
Whole Grain Dinner  
Roll  
Steamed Broccoli  
Mixed Fruit

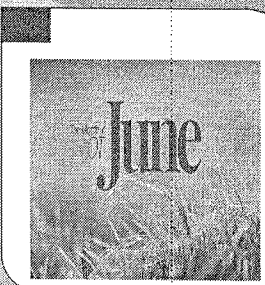
**25**  
Chicken Patty on  
Whole Grain Roll  
Red Pepper Strips  
Chilled Peaches

**26**  
Cheese Pizza  
Vegetarian  
Beans  
Steamed Corn  
Diced Pears

**27**  
1st Day of  
Summer  
Vacation



**28**  
Enjoy your time  
off. Be safe and  
we will see You  
in the Fall



**23**  
½ Cup Romaine  
Lettuce and ½ Cup  
Baby Carrots offered  
Daily  
½ Cup Celery Sticks  
offered Weekly.  
¾ Cup Vegetarian  
Beans offered Weekly,

**Lunch is Free to All  
Students Attending  
Cohoes City  
Schools.**

**We will have  
Summer Meals  
Available All  
Summer to All  
Students 18  
Years Old and  
Under.**

**Please check the  
District Website  
for Summer Meal  
Locations and  
Menus.**

Fat Free Chocolate Milk, 1% Skim and Fat Free White Milk Offered with Each Meal. Adult Lunch is \$5.50 plus Tax. Adult Milk is \$0.75 plus tax. Assorted Deli Sandwiches w/ Lettuce, Tomato, and Cheese, Chef Salad w/ Dinner Roll, Yogurt Parfait w/ Granola, Pizza, Hamburgers, Cheeseburgers and Chicken are offered Daily.

If you have any questions, please contact Brian Nolan, Director of Food Service at 518-237-9100 x 1411 or email [BNolan@Cohoes.org](mailto:BNolan@Cohoes.org)

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