Cool Caf.
Food...Fun...Friends

Cohoes CSD Elementary
November 2024
Lunch Menu

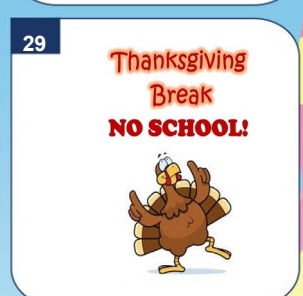|				
November	**Lunch is Free to All Students Attending Cohoes City Schools**	½ Cup Romaine Lettuce and ½ Cup Baby Carrots offered Daily. ½ Cup Celery Sticks offered Weekly. ¾ Cup Vegetarian Beans offered Weekly,	Daylight Savings Day Ends November 3rd. **FALL BACK** Daylight Savings Time Ends	**1** Whole Grain Cheese Pizza Red Pepper Strips Fresh Pear
4 Chicken Patty on Whole Grain Roll Spinach Salad Fresh Apple	**5** Election day	**6** Turkey Hotdog on Whole Grain Roll Steamed Corn Vegetarian Beans Fresh Banana	**7** Beef Meatball Sandwich on Whole Grain Roll Steamed Green Beans Fresh Grape Cup	**8** Whole Grain Cheese Pizza Butternut Squash Honeydew Melon
11 THANK YOU VETERANS FOR YOUR SERVICE	**12** Turkey Taco w/ Cheddar Cheese and Lettuce on Whole Grain Tortilla Shell Steamed Broccoli Fresh Orange Wedge	**13** Beef Cheeseburger on Whole Grain Roll Tater Tots Vegetarian Beans Fresh Blueberries	**14** Whole Grain Popcorn Chicken Whole Grain Dinner Roll Steamed Zucchini Fresh Cantaloupe Cup	**15** Whole Grain Cheese Pizza Grape Tomatoes Fresh Pear
18 Whole Grain Chicken Tenders Whole Grain Dinner Roll Steamed Broccoli Fresh Apple	**19** Brunch for Lunch French Toast Sticks Chicken Sausage Tater Tots Fresh Orange Wedge	**20** Turkey Hotdog on Whole Grain Roll Steamed Green Beans Vegetarian Beans Chilled Pineapple	**21** Thanksgiving Lunch Sliced Turkey and Gravy Mashed Potatoes Steamed Corn Dinner Roll Fresh Strawberry Cup	**22** Whole Grain Cheese Pizza Sweet Potatoes Fresh Watermelon
25 Chicken Patty on Whole Grain Roll Steamed Broccoli Fresh Apple	**26** Turkey Taco w/ Cheddar Cheese and Lettuce on Whole Grain Tortilla Shell Steamed Corn Fresh Orange Wedge	**27** Thanksgiving Break NO SCHOOL!	**28** HAPPY THANKSGIVING!	**29** Thanksgiving Break NO SCHOOL!

Fat Free Chocolate Milk and Fat Free White Milk Offered with Each Meal. Assorted Deli Sandwiches w/ Cheese, Chef Salads w/ Dinner Roll and Yogurt Parfait w/ Granola, offered Daily. Adult Lunch is $5.50 plus Tax. Adult Milk is $0.75 plus tax.

If you have any questions, please contact Brian Nolan, Director of Food Service at 518-237-9100 x 1411 or email BNolan@Cohoes.org

This institution is an equal opportunity provider.

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